



Blue Dragonfly Massage, LLC
Nancy Humphries NC LMBT #9602
IN MT 21103948
919.360.3576

Massage Consent

I understand massage therapy is intended to enhance relaxation, relieve pain, increase range of motion, improve circulation and offer a positive experience of touch. I understand Blue Dragonfly Massage LLC and therapist, Nancy Humphries, only offers professional quality, therapeutic massage and bodywork and has no other intent. It is non-sexual in nature.

I acknowledge the health information I have provided is correct and current. Because massage should not be performed under certain medical conditions, I affirm that I have stated all my known medical conditions and answered all questions honestly.

I understand massage/bodywork practitioners are not qualified to perform spinal adjustments, diagnose physical or mental illnesses, or to prescribe any pharmaceuticals; anything said in the course of the massage session should not be construed as such. I further understand that massage or bodywork is not a substitute for a medical examination, diagnosis, or treatment evaluation and that I should seek or maintain current relationships with a physician, chiropractor or other qualified medical specialists for any physical or mental ailments.

If I experience any pain or discomfort during this session, I will immediately inform the practitioner so adjustments may be made accommodate my needs. If for any reason I feel uncomfortable with services provided, I may end the session at any time.

I have read and understand all four sections of the policy statement, have had my questions answered, and agree to have bodywork performed at the posted price. I hereby give consent to proceed with this initial treatment and subsequent sessions until terminated by either party.

(Print Name)

(Client's signature) Date _____